

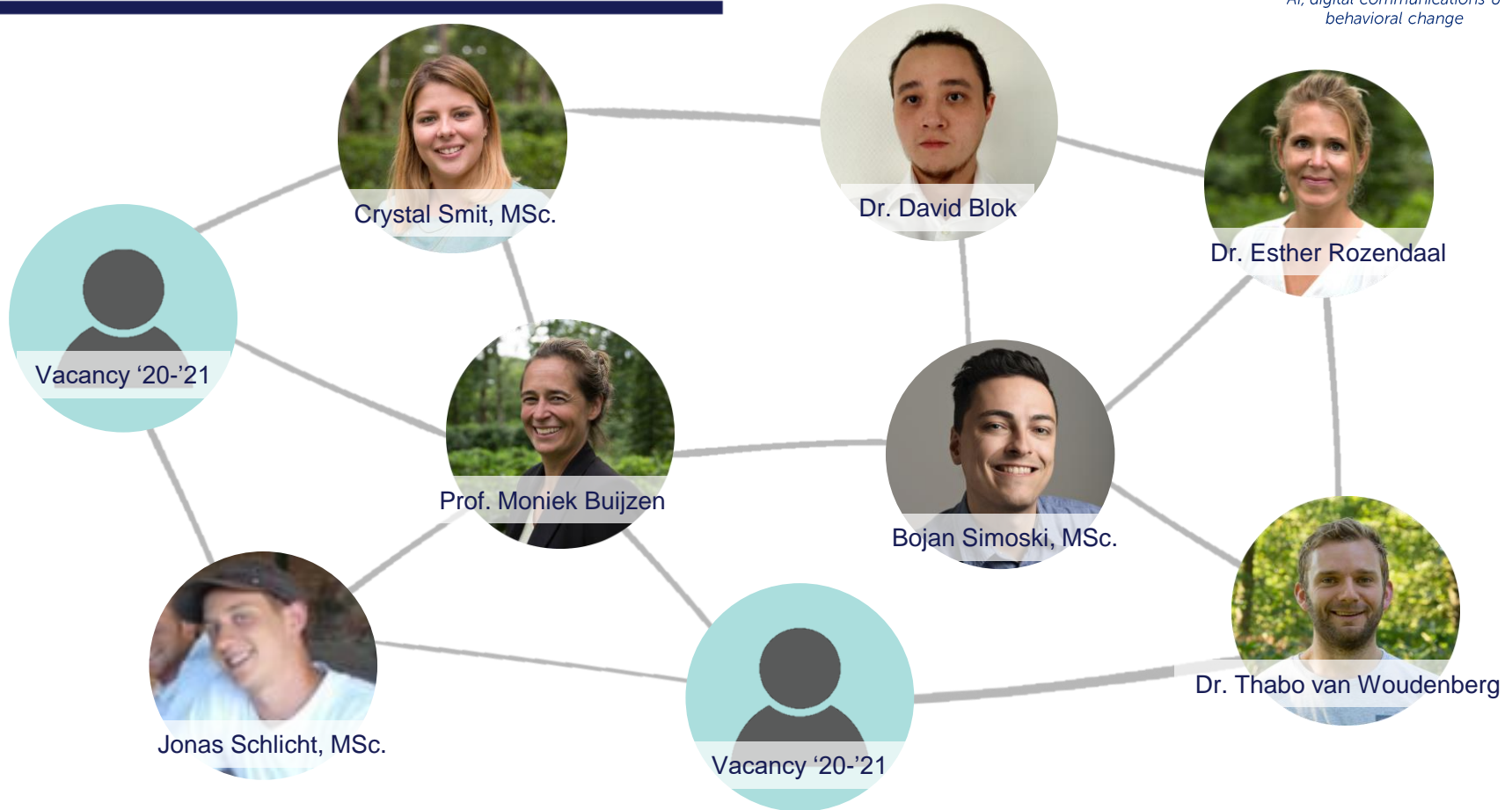
Developments in communication technology open up unprecedented opportunities for healthy and sustainable behavioural change. We study how the benefits of digital technology can be optimally used for a healthy and sustainable lifestyle, while keeping potential risks at a minimum. In a human-centered approach, we focus on young people, the next generations of AI users.

**“We see AI as an object of study,  
as well as a tool for innovative research and behavioural interventions”**

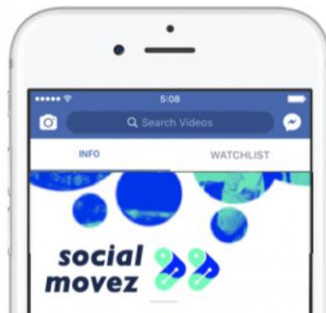
We aim for a continuous interaction between the development of theory, methodological advances, and innovative technological applications. Our approach is interdisciplinary, uniting elements from the fields of social sciences, humanities, health sciences, computer sciences, and law.

Our co-creative “stakeholder science” approach blends research, education, and societal impact. This means that we structurally involve students, scholars, citizens and societal partners in all stages of our projects.

# Movez-team



# Projects & digital media labs



*Social***movez** 

SocialMovez Weblab

(to be developed,  
funded)  
OSN-based data  
collection, analysis &  
behavioral change



**my**   
**movez**

MyMovez  
WearableLab

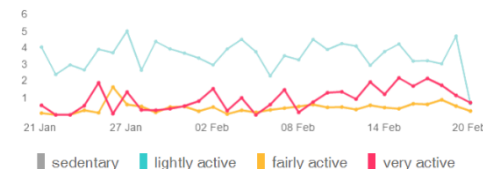
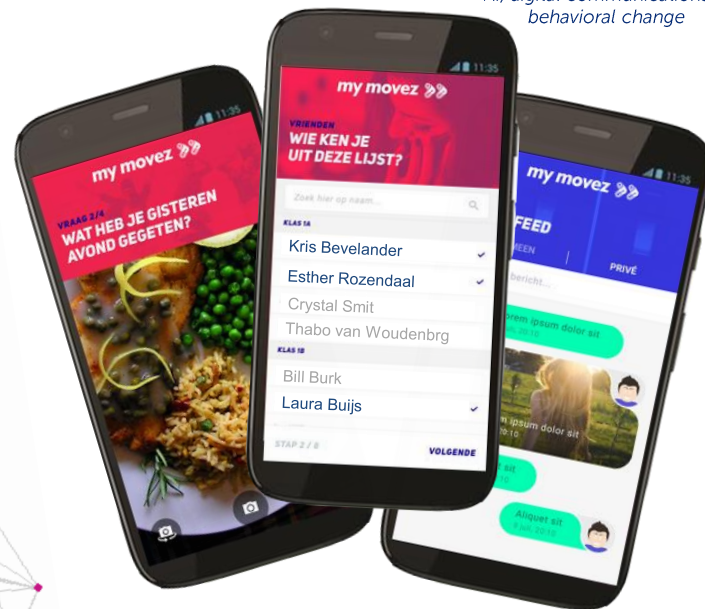
(in use, needs update)  
Smartphone app for  
data collection &  
behavioral change



**Media**   
**movez**

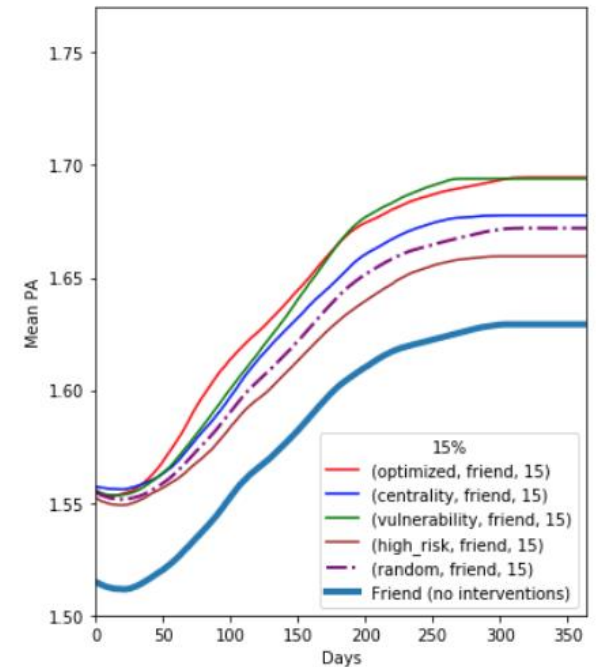
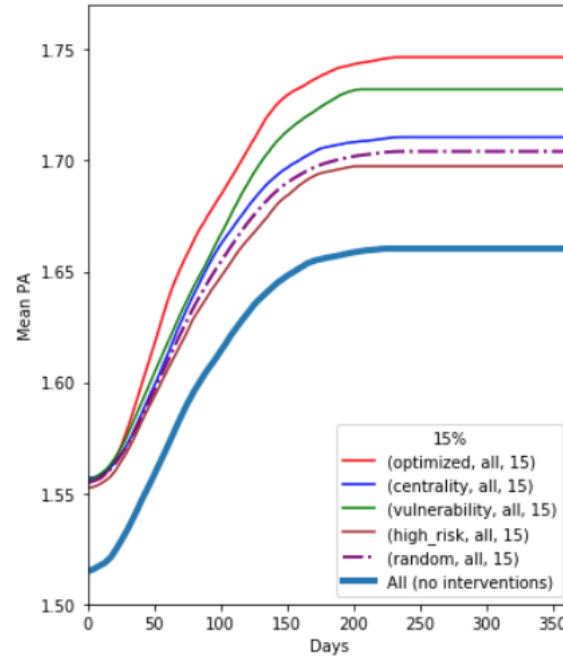
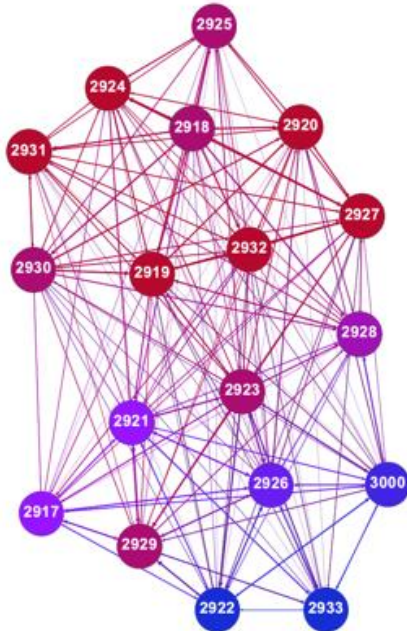
Digital Media  
Empowerment (DME)  
Lab

(to be developed)  
Adaptive game-based  
research technology



Watch project video at [www.mymovez.eu](http://www.mymovez.eu)

## Computational models simulating campaign diffusion in a social network



“stakeholder science”

integrating research-teaching-valorisation & tech innovation

## Youth

Tailor research to their perceptions by involving them in every step of the research cycle.



## Content creators

Collaborating with partners by helping each other getting the right message across to the targeted audience.



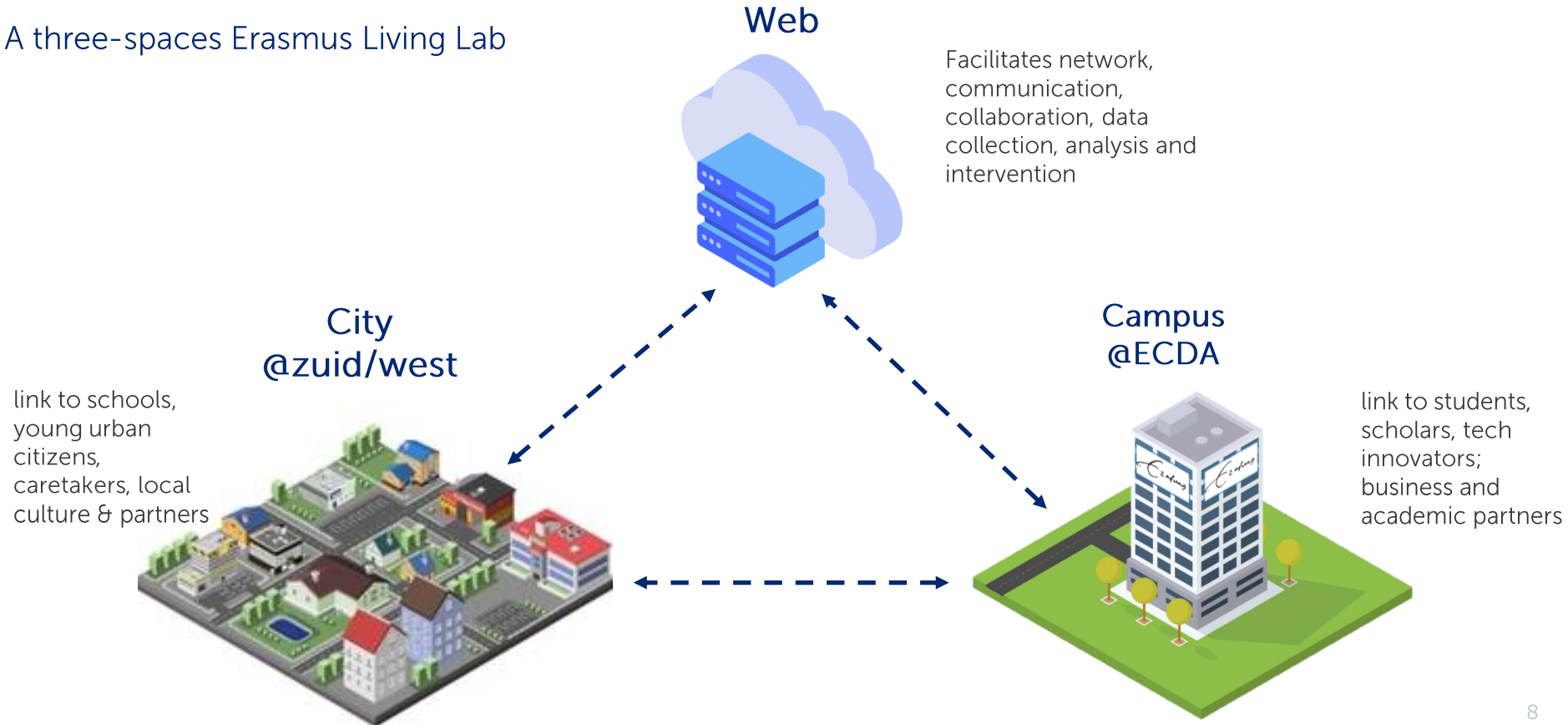
## Students

Integrating research in teaching by using our knowledge in lectures and invite students to be part of the Movez network.



# Our dream (to share):

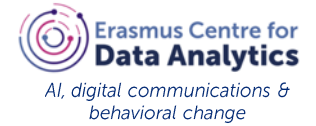
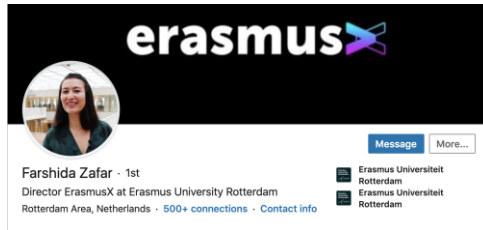
## A three-spaces Erasmus Living Lab



# Our dream (to share):



## Community for Learning & Innovation



**Leiden•Delft•Erasmus**  
Working together for science & society



**Leiden•Delft•Erasmus**  
**Centre for BOLD Cities**

## Get in Touch

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